EMPOWER

Empower is an international nonprofit on a mission to empower, support, and connect children and young adults up through age 24 who have experienced the loss of a parent.

Empower hosts events that remind children they are not alone in their grief, and offers a unique one-on-one mentor program with positive role models from the community who help teach, *"loss is survivable."* All programs and activities are provided at no charge to the family.

ABOUT OUR FOUNDER

Empower was formed by Boston native Cara Belvin in 2013 and began as a local grassroots effort. Cara was nine years old when her mother Kit died of breast cancer and formed Empower out of the gratitude she had for all the support her family received growing up. Word quickly spread and thousands of inquiries came in from people who wished for an organization like Empower when they were growing up. Today, Cara works with these Ambassadors to build community for grieving children everywhere.

BECOME A VOLUNTEER

Empower operates with a lean staff and relies on the tireless efforts of thousands of volunteers from across the globe. Empower Mentors are positive role models who are at least 25 years old and who have experienced the loss of a parent. To apply to become a Mentor, visit www.weareempower.org.

REFER A CHILD

If you know and love a child or young adult who would benefit from our programs, enroll them today at www.weareempower.org. All programs and activities are at no charge to the family.

For questions, please call **(617) 648- 9559**
or email **info@weareempower.org.**

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www.weareempower.org

HEADQUARTERS
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Empower is a 501(c)3 nonprofit organization, EIN 46-3196791