EMPOWER

MISSION

Empower is an international nonprofit that supports, connects, and empowers children and young adults who have experienced the loss of a parent. Empower offers a range of free year-round programs and activities that bring together an inspiring community built on shared experience and provide tangible proof that loss is survivable.

Empower was founded in 2013 as a grassroots effort in a small coastal Massachusetts town to bring teenage girls who had lost their mothers together on Mother's Day. Today, Empower now serves children between the ages of 6 and 24 who have lost a parent.

WHAT WE DO

Empower offers a one-of-a-kind mentorship program with positive role models from the community and hosts year-round events that remind us we are never alone in our grief. Empower events are non-therapeutic, community-based, and volunteer-driven. All programs and activities are provided at no charge to the family.

To see our latest news, visit the _Empower newsroom._

$6 MILLION RAISED
Thanks to the generosity of countless individuals, companies, and foundations, we remain privately funded and have raised over $6M since 2013.

600+ ENROLLED
Empower serves 600 children and young adults across the US and the UK.

Be a part of our story weareempower.org | Info@weareempower.org

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