

**Empower Mother’s Day + Father’s Day Events**

**About Empower®:** Empower is an international nonprofit on a mission to empower, support, and connect children and young adults up through age 24 who have experienced the loss of a parent. Empower hosts events that remind children they are not alone in their grief, and offers a unique one-on-one mentor program with positive role models from the community who help teach, *“loss is survivable.”* All programs and activities are provided at no charge to the family. More information about all programs and activities can be found at [weareempower.org.](http://www.weareempower.org/)

**About Empower Mother’s Day and Father’s Day Events:** Founder Cara Belvin formed the organization in 2013 with the simple idea of bringing teenage girls together on Mother’s Day in Boston. The event goal was the same throughout: to reduce isolation and remind girls they were not alone in their grief. Today, Empower hosts Mother’s Day and Father’s Day events for boys, girls, and nonbinary youth of any parent loss. These events are non-therapeutic, community-based, and volunteer-driven. Mother’s Day and Father’s Day are painful and isolating times for those who have lost a parent. Empower’s annual events remind children and young adults they are not alone in their grief and bring them together with others who can relate to their loss. Empower now serves 600+ children and young adults in events and mentorship. Click [HERE](https://www.youtube.com/watch?v=wQ8pQg7wKSM) for an inspirational video of the Retreat.

With your help, we will bring children and young adults in your local community together for support, healing and connection. Just as we always did – in a welcoming, loving and safe environment! Our Mother’s Day and Father’s Day events will be aimed at the child’s interests where they can learn a thing or two about a particular subject area (i.e. cooking, yoga). All services and activities are offered at no charge to the family and for this reason, we work with area retailers and restaurants to create partnerships in an effort to keep our costs to a minimum.

**Donation:** We would be honored to partner with **( )** and kindly ask for your consideration of ( ) to benefit the Empower Mother’s Day and Father’s Day events taking place with children and young adults this Spring.

*We wish to thank you for your consideration of an in-kind donation to Empower.*

*Empower is a 501(c)3 organization, EIN #46-3196791.*

***CONNECT. SUPPORT. EMPOWER.***